

## Eyelet Join Headband



This headband is knit as a long rectangle with eyelets along both sides, then seamed on the machine.

Samples were knit with Yeoman Cashmilon 4-ply acrylic, 35 g. Use a tension that is one number less than for a sweater so the headband will be warmer. My gauge was approx. 8 sts x 12 rows.

Small amounts of interesting yarns can be used to make the joins more colourful.

The headband is 21.5"/55 cm around and 3.5"/9 cm wide.

To knit the headband:

- cast on with waste yarn and ravel cord over L29 to R29 with needles

L15 and R15 out of work position to form foldlines or see Note below

- RC000, COR with the main yarn and band tension, knit 2 rows
- on each side, move stitch 2 to needle 3 leaving the empty needles in work
- \*knit 4 rows and repeat eyelets\*
- after the last eyelets, knit 2 rows; RC240 for this size and gauge
- latch up ladders if desired as per Note below or just leave ladders
- turn the work with a garter bar or waste yarn
- pick up the first row on top of the last row, knit 1 row at band tension, then 1 row at max tension and crochet bind off

- Note the band will fold on the spaces where the needles were out of work but a nicer foldline is to cast



on over L15 and R15, knit 1 row and transfer the stitches to markers.

After knitting the length and before joining the seam, pick the stitches and latch them up the ladders to form purl or tuck stitches on the knit side of the headband.

•• Join Note: how you pick up the eyelets will have the joins with the knit side or the purl side facing on the knit side of the headband.

With the eyelets held to the needlebed, going through the eyelets from the purl side of the headband, the knit side of the join will be on the knit side of the headband.

With the eyelets held towards you, going into the eyelets from the knit side will result in the purl side of the join on the knit side of the headband. Both ways are nice.

To join with a bow:

- with contrast colour, cast on 3 stitches and knit 100-120 rows of i-cord (knit in 1 direction and slip in the other)
- increase to 5 stitches and knit 2 rows (knit in both directions)
- to centre the bow on the side start with the 15th sets of eyelets
- COR, fold band with purl sides together and eyelets in the center, put a 2-prong tool through the left eyelet; \*\*using the tool remove the 2 stitches on the left and manipulate/twist the fabric over the end of the tool and rehang the 2 stitches on the same needles

- knit 1 row and repeat with the right eyelet and right 2 stitches (always working on the side opposite the carriage)

- knit 3 rows\*\*
- repeat until all the eyelets have been picked up, then knit 2 rows
- decrease to 3 stitches and knit i-cord for 100-120 rows and cast off

If you do not want a bow:

- start with 5 stitches cast on and 2 rows knit before beginning the pick-ups at the seam
- just pick up the eyelets and knit as above
- once all the eyelets are picked up, knit 2 rows and bind off
- neatly seam the join stitches

To finish:

- block the headband folding along the ladders formed by the out-of-work needles or the purl stitches
- tie a bow or finish as desired

